



LAKE WASHINGTON SPORTS & SPINE

PATIENT INFORMATION

Please complete the following form in its entirety

FULL LEGAL NAME		PREFERRED NAME	GENDER	DOB	SSN
HOME ADDRESS		CITY	STATE	ZIP	
MAILING ADDRESS		CITY	STATE	ZIP	
<input type="checkbox"/> <i>same as home address</i>					
HOME PHONE		MOBILE PHONE		WORK PHONE	
EMAIL					
PREFERRED FORM OF CONTACT: <input type="checkbox"/> HOME <input type="checkbox"/> MOBILE <input type="checkbox"/> WORK <input type="checkbox"/> EMAIL					
MARITAL STATUS: <input type="checkbox"/> SINGLE <input type="checkbox"/> MARRIED <input type="checkbox"/> DIVORCED <input type="checkbox"/> WIDOWED <input type="checkbox"/> LEGALLY SEPARATED <input type="checkbox"/> OTHER					
RACE	ETHNICITY		PRIMARY SPOKEN LANGUAGE		
EMPLOYMENT: <input type="checkbox"/> EMPLOYED <input type="checkbox"/> SELF-EMPLOYED <input type="checkbox"/> UNEMPLOYED <input type="checkbox"/> STUDENT <input type="checkbox"/> RETIRED <input type="checkbox"/> DISABLED					
CURRENT EMPLOYER: _____					
EMERGENCY CONTACT		RELATIONSHIP		PHONE	
HOW DID YOU HEAR ABOUT US?					
<input type="checkbox"/> PCP <input type="checkbox"/> PHYSICAL THERAPIST <input type="checkbox"/> CHIROPRACTOR <input type="checkbox"/> OTHER SPECIALIST <input type="checkbox"/> FRIEND/FAMILY <input type="checkbox"/> ONLINE					
<input type="checkbox"/> OTHER _____					
REFERRING PHYSICIAN: NAME/ FACILITY			CITY	PHONE	
PRIMARY PHYSICIAN: NAME/ FACILITY			CITY	PHONE	

HEALTH INSURANCE:

Please provide a copy of your insurance card to the front desk at check-in

PRIMARY INSURANCE	SUBSCRIBER'S NAME	BIRTHDATE
ID #	GROUP #	CLAIMS ADDRESS
SECONDARY INSURANCE	SUBSCRIBER'S NAME	BIRTHDATE
ID #	GROUP #	CLAIMS ADDRESS

CLAIM INFORMATION

PLEASE COMPLETE THIS SECTION IF YOUR TREATMENT IS RELATED TO A CLAIM
WE **do not** bill 3rd party auto claims. YOU WILL BE RESPONSIBLE FOR PAYMENT AT TIME OF SERVICE

Is your claim open & <i>active</i> ? <input type="checkbox"/> Yes <input type="checkbox"/> No		Do you have PIP funds available? <input type="checkbox"/> Yes <input type="checkbox"/> No		
CLAIM TYPE: <input type="checkbox"/> MOTOR VEHICLE- PIP <input type="checkbox"/> WORK-RELATED, CHOOSE <input type="checkbox"/> STATE L&I <input type="checkbox"/> SELF INSURED L&I				
DATE OF INJURY	CLAIM#	POLICY#		
INSURANCE COMPANY NAME				
ADDRESS	CITY	STATE	ZIP	TELEPHONE
ADJUSTER'S/CLAIMS MANAGER'S NAME		PHONE NUMBER	FAX NUMBER	
Briefly describe <i>how & where</i> injury occurred: (e.g.: driving; on the job; at home, etc.)				

By signing below I agree to the following:

The information supplied on this form is accurate and up-to-date to the best of my knowledge.

I have reviewed a copy of the *Lake Washington Sports & Spine* Financial Policy and I agree to the terms and conditions. I allow *Lake Washington Sports & Spine* (Dr. Garrett Hyman and Dr. Gary Chimes) to participate in the treatment of my health. I authorize *Lake Washington Sports & Spine* to release information to my insurance company, my referring/consulting physicians or other health care providers as deemed appropriate.

I hereby authorize my insurance benefits to be paid directly to *Lake Washington Sports & Spine* and acknowledge the release of this information to my insurance company. I understand I am financially responsible for my copay, deductible/ co-insurance and for non-covered services, as well as an additional 9% interest charge for each month a balance is left outstanding on my account after 90 days. I authorize my doctor to act as my agent in helping me obtain payment from the insurance. I agree that I will not withhold or delay payment if my insurance denies payment on any of my charges. I have been informed of the \$35 fee on all returned checks per RCW 62A.3 515 + 520.

In the event it should become necessary to involve a collections agency for unpaid balances, I agree that I will be responsible for unpaid balances, collection fees and interest charge of 1% per month that my balance is left outstanding and no payments have been made. Should legal action be filed, I will accept financial responsibility for reasonable attorney fees, filing fees and any other accrued costs will be my responsibility. I am aware of the late cancellation/no-show fees.

I permit a copy of this authorization to be used in place of the original.

Patient/Responsible Party Signature

Date

Appointment Cancellation Policy

Lake Washington Sports and Spine (LWSS) strives to provide excellent care to all of our patients. It is our goal to help restore each patient to their optimal level of physical function. In order to be consistent with this goal, LWSS uses an appointment system that sets aside time for a patient dependent on each individual's current need. When you fail to attend your scheduled appointment or notify us of your inability to keep your appointment by phone at least 24-hours in advance, the time that has been allotted for your visit cannot be used to treat another patient; it is time lost to our office. With that in mind, an Appointment Cancellation Policy has been put into place.

Our policy is as follows:

We require that you give our office **24-hours notice by phone call** in the event that you need to reschedule or cancel your appointment. **For Monday appointments, cancellations must be made by 1:00pm on the Thursday *prior* to your appointment.** This makes it possible to reschedule your appointment efficiently and presents the opportunity for another patient in need to fill your vacancy.

If a patient misses an appointment or does not contact the office 24 business hours in advance to cancel or reschedule an appointment (or by 1:00pm on Thursday for a Monday appointment), the late cancellation fees will be applied as follows:

In Office

- You will be notified of your missed appointment and will incur a **\$350 fee**
- Your appointment will be rescheduled at the physician's discretion *after* the fee is paid
- Two or more late arrivals may result in dismissal from the practice

Telehealth

- You will be notified of your missed appointment and will incur a \$350 fee
- Your appointment will be rescheduled at the physician's discretion after the fee is paid

If you have any questions regarding this policy, please make our staff aware; we will gladly address any concerns.

I have read and understand the Appointment Cancellation Policy and agree to be bound by its terms. I also understand that LWSS reserves the right to update or amend this notice.

Printed Name

Signature

Date

Authorization to Use or Disclose Protected Health Information

*The Notice of Privacy Practices Policy can be obtained on our website: <http://www.lakewass.com/patient-forms.html> or at our front desk.

_____ (Patient initials) **Notice of Privacy Practices:** I acknowledge that I have received Lake Washington Sports and Spine’s (LWSS) Notice of Privacy Practices, which describes the ways in which LWSS may use and disclose my healthcare information for treatment, payment, healthcare operations and other described and permitted uses and disclosures. I understand that I may contact the Privacy Officer designated in the notice if I have a question or complaint. To the extent permitted by law, I consent to the use and disclosure of my information for the purposes described in LWSS Notice of Privacy Practices.

_____ (Patient initials) **Release of Information:** I hereby permit LWSS, the physicians and other health professionals involved in my care to release healthcare information for purposes of treatment, payment or healthcare operations.

- Healthcare information may be released to any person or entity liable for payment on the Patient’s behalf in order to verify coverage or payment questions, or for any other purpose related to benefit payment. Healthcare information may also be released to my employer’s designee when the services delivered are related to a claim under worker’s compensation.
- If I am covered by Medicare, I authorize the release of healthcare information to the Social Security Administration or its intermediaries or carriers for payment of a Medicare claim. This information may include, without limitation, history and physical, emergency records, laboratory reports, operative reports, physician progress notes, nurse’s notes, consultations, psychological and/or psychiatric reports, drug and alcohol treatment and discharge summary.
- Federal and state laws may permit this facility to participate in organizations with other healthcare providers, insurers, and/or other health care industry participants and their subcontractors in order for these individuals and entities to share my health information with one another to accomplish goals that may include but not be limited to: improving the accuracy and increasing the availability of my health records; decreasing the time needed to access my information; aggregating and comparing my information for quality improvement purposes; and such other purposes as may be permitted by law. I understand that this facility may be a member of one or more such organizations. This consent specifically includes information concerning psychological conditions, psychiatric conditions, intellectual disability conditions, genetic information, chemical dependency conditions and/or infectious diseases including, but not limited to, blood borne diseases, such as HIV and AIDS.

Disclosure to Others (family, friends, attorney):

I give permission for my Protected Health Information to be disclosed for purposes of communicating results, findings and care decisions to the family members and others listed below:

Name	Relationship	Contact Number	Info to be Released

Consent to Email for Appointment Reminders and Other Healthcare Communications:

Patients in our practice may be contacted via email to remind you of an appointment, to obtain feedback on your experience with our healthcare team and to provide general health reminders/information.

_____ (Patient Initials) If at any time I provide an email at which I may be contacted, I consent to receiving appointment reminders and other healthcare communications/information at that email from LWSS.

The email that I authorize to receive email messages is _____

-I understand that I may revoke this authorization in writing at any time. If I do, it will not affect any actions taken by **Lake Washington Sports & Spine** in reliance on this authorization before it receives my written revocation.

-I may not be able to revoke this authorization if its purpose was to obtain insurance.

-Two ways to revoke this authorization are: fill out a revocation form (a form is available from **LWSS**) or write a letter to **LWSS**

-I understand that once my health care information is disclosed, the person or organization that receives it may re-disclose it and that privacy laws may no longer protect it.

Patient signature (or legally authorized individual)

Date Time

Printed name (if signed on behalf of the patient)

Relationship (parent, legal guardian, personal representative)

MEDICAL RECORDS RELEASE FORM

Please complete this form if you have had any recent testing (X-ray, MRI, labs) or consults with another physician pertinent to your visit with Dr. Hyman or Chimes.

PATIENT NAME	DATE OF BIRTH
<p>By signing this form, I hereby authorize _____ to disclose: <small>(OUTSIDE FACILITY, DOCTOR, SOURCE)</small></p> <p><input type="checkbox"/> All health information</p> <p><input type="checkbox"/> Health information relating to the following treatment or condition(s): _____</p> <p>_____</p> <p><input type="checkbox"/> Health information for the date(s) _____</p> <p><input type="checkbox"/> Other: _____</p> <p>_____</p> <p>_____ <i>Patient/Responsible Party Signature</i></p> <p>_____ <i>Date</i></p>	

Note: This document must be made part of the patient's medical record. A copy of this document is available for the patient upon request

Telehealth Informed Consent for Patients at Home

Patient Name: _____ Date of Birth: _____

Telehealth is a way for you to get health care remotely (at home). Telehealth visits let you and your provider meet by phone, video, web portal, or other technology. This means that you will not be in the same room as your provider.

By talking with your provider, you learn the benefits, risks, and other options for telehealth:

Expected Benefits

- Better access to health care while you are home
- More efficient evaluation and management of your health

Risks and Common Problems

- Equipment or internet failures could result in more time before a diagnosis or treatment
- Poor connection could make it hard for the provider to see how you are doing and advise the right treatment
- It is rare, but your provider may not be able to get to all of your health records
- It is rare, but your records could be shared, intercepted, and/or changed by someone other than your health care provider despite security measures

What to Expect

Personal technology (like Skype, FaceTime, Zoom, or other web apps) can increase risk of a privacy breach. If you can, try to use a private space to talk to your provider.

A note about your visit will be placed in your health record. Telehealth visits may also be recorded as part of your record. Federal and state privacy and security laws apply to any video, photo, and audio files made and stored. Your records may be shared with others who are helping with scheduling or billing.

You may stop the telehealth visit at any time. Your provider may also stop the visit if they are worried about the connection quality or if they believe that you need to be seen in person.

Patient Authorization

Knowing the risks, I am choosing to move forward with a telehealth visit with **Dr. Hyman**/ **Dr. Chimes** (check one). I have been given the chance to ask questions. My questions have been fully answered.

Witness Signature: _____ Date: _____ Time: _____

Patient or Legal Representative Signature: _____ Date: _____ Time: _____

Representative's Relationship to Patient: _____

NEW PATIENT MEDICAL HISTORY FORM

Date: _____

Patient Name _____

Dominant Hand Right Left Both

Date of Birth _____

Height: _____ ft _____ in Weight: _____

Gender: Male Female

PCP NAME: _____

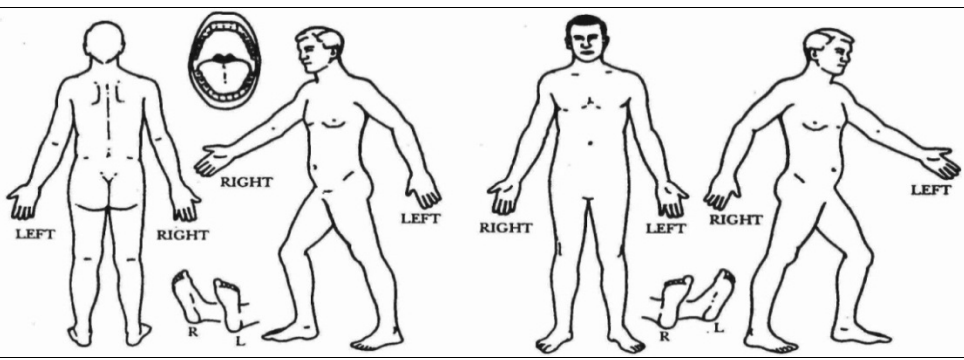
Referring Doctor: _____

*IS THERE ANY OTHER HEALTHCARE PROFESSIONAL TO WHOM YOU WOULD LIKE TODAY'S REPORT SENT? _____

Exercise History

What is your preferred form of exercise?			
What do you currently do for exercise?			
How many days per week do you exercise?	_____ days	How many minutes per day?	_____ minutes
Intensity	<input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> Vigorous		
Does your exercise routine currently include:	<input type="checkbox"/> Aerobic Conditioning <input type="checkbox"/> Strength Training <input type="checkbox"/> Flexibility/Stretching <input type="checkbox"/> Balance Training		
Are you currently training for a specific event?			

Symptom History

What is the reason for today's visit? <i>Please briefly describe your problem</i>			
Mark the areas on your body where you typically feel symptoms. <i>Include all affected areas.</i>			
What is your goal for today's visit?	<input type="checkbox"/> Return to sport _____ <input type="checkbox"/> Compete in a specific event, _____ <input type="checkbox"/> Play with kids/spouse/pet <input type="checkbox"/> Learn more about exercise as a treatment option <input type="checkbox"/> Learn more about injections as a treatment option	<input type="checkbox"/> Clarify my diagnosis <input type="checkbox"/> Obtain an ultrasound <input type="checkbox"/> Other _____ _____ _____	

How long have you been experiencing these symptoms?	Date of onset _____ <input type="checkbox"/> ___ days <input type="checkbox"/> ___ weeks <input type="checkbox"/> ___ months <input type="checkbox"/> ___ years
Your symptoms are:	<input type="checkbox"/> Occasional <input type="checkbox"/> Frequent <input type="checkbox"/> Constant <input type="checkbox"/> Worsening <input type="checkbox"/> Improving <input type="checkbox"/> Not changing <input type="checkbox"/> No pain <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <input type="checkbox"/> Other: _____
Are your symptoms worse:	<input type="checkbox"/> Morning <input type="checkbox"/> Daytime <input type="checkbox"/> Nighttime <input type="checkbox"/> Varying
Are your symptoms related to any of the following:	<input type="checkbox"/> Sport injury <input type="checkbox"/> Fall <input type="checkbox"/> Assault <input type="checkbox"/> Lifting <input type="checkbox"/> Twisting <input type="checkbox"/> Work injury <input type="checkbox"/> Auto accident <input type="checkbox"/> Bending <input type="checkbox"/> Overuse <input type="checkbox"/> Laceration <input type="checkbox"/> Trauma <input type="checkbox"/> Other: _____
What makes your symptoms better? NONE	<input type="checkbox"/> Sitting <input type="checkbox"/> Heat <input type="checkbox"/> Physical Therapy <input type="checkbox"/> NSAIDs (Aleve, Ibuprofen) <input type="checkbox"/> Standing <input type="checkbox"/> Ice <input type="checkbox"/> Occupational Therapy <input type="checkbox"/> OTC Medication <input type="checkbox"/> Lying down <input type="checkbox"/> Rest <input type="checkbox"/> Chiropractic care <input type="checkbox"/> Injection <input type="checkbox"/> Stretching <input type="checkbox"/> Massage <input type="checkbox"/> Counseling <input type="checkbox"/> Narcotics <input type="checkbox"/> Position change <input type="checkbox"/> Orthotics <input type="checkbox"/> Meditation <input type="checkbox"/> Other: _____ <input type="checkbox"/> Limited weight bearing <input type="checkbox"/> Brace
What makes your symptoms worse? NONE	<input type="checkbox"/> Sitting <input type="checkbox"/> Throwing <input type="checkbox"/> Twisting <input type="checkbox"/> Going from sit to stand <input type="checkbox"/> Standing <input type="checkbox"/> Kicking <input type="checkbox"/> Bending <input type="checkbox"/> Walking upstairs/uphill <input type="checkbox"/> Lying down <input type="checkbox"/> Running <input type="checkbox"/> Squatting <input type="checkbox"/> Walking downstairs/downhill <input type="checkbox"/> Walking <input type="checkbox"/> Exercise <input type="checkbox"/> Pushing/pulling <input type="checkbox"/> Walking on uneven ground <input type="checkbox"/> Lifting <input type="checkbox"/> Jumping <input type="checkbox"/> Dressing <input type="checkbox"/> Carrying <input type="checkbox"/> Landing <input type="checkbox"/> Getting out of bed Other: _____
Associated Symptoms NONE	<input type="checkbox"/> Weakness <input type="checkbox"/> Redness <input type="checkbox"/> Catching/locking <input type="checkbox"/> Change in bowel/bladder habits <input type="checkbox"/> Numbness <input type="checkbox"/> Warmth <input type="checkbox"/> Popping/clicking <input type="checkbox"/> Fever <input type="checkbox"/> Tingling <input type="checkbox"/> Bruising <input type="checkbox"/> Buckling <input type="checkbox"/> Chills <input type="checkbox"/> Swelling <input type="checkbox"/> Drainage <input type="checkbox"/> Grinding <input type="checkbox"/> Weight loss <input type="checkbox"/> Radiation down limb <input type="checkbox"/> Instability
If pain is located in the neck or back does it radiate into your ARMS or LEGS?	<input type="checkbox"/> Yes, if so which? _____ <input type="checkbox"/> No NOT APPLICABLE
If you have low back pain, please choose which of the following is most limiting to you (only choose 1):	<input type="checkbox"/> Bending over to put on shoes and socks in the morning <input type="checkbox"/> Standing in one place for 5 minutes NOT APPLICABLE <input type="checkbox"/> Squatting down to pick something up off the floor
Mark the level of pain/discomfort you are having today:	No pain <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Worst pain ever 0 1 2 3 4 5 6 7 8 9 10
Describe how your symptoms feel: <i>(check all that apply)</i>	<input type="checkbox"/> Aching <input type="checkbox"/> Burning <input type="checkbox"/> Stabbing <input type="checkbox"/> Throbbing <input type="checkbox"/> Sharp <input type="checkbox"/> Dull <input type="checkbox"/> Superficial <input type="checkbox"/> Deep <input type="checkbox"/> Other: _____
Since your symptoms began, have you experience any of the following?	<input type="checkbox"/> Bowel incontinence <input type="checkbox"/> Bladder incontinence <input type="checkbox"/> Anxiety/ Depression related to pain <input type="checkbox"/> Loss of sleep <input type="checkbox"/> Progressive limb weakness (worsening) NONE

Treatment History

Have you had surgery related to your current complaint? Yes No

<i>PROCEDURE</i>	<i>DATE</i>	<i>SURGEON</i>

Have you had any radiologic imaging or testing related to your current complaint? NO

It is very important that you bring actual films or CD containing the images to your appointment

<i>STUDY TYPE</i>	<i>BODY PART IMAGED</i>	<i>DATE OF STUDY</i>	<i>NAME OF FACILITY/HOSPITAL</i>
X-RAY			
MRI			
CT			
ULTRASOUND			
BONE SCAN			
OTHER			

Have you had an *Electromyography (EMG)* or *Nerve Conduction Study (NCV)* to evaluate nerve function?

Yes No **If yes, please make arrangements to have the report sent to our office**

Performed on arms/legs/both?	Physician who performed test	Date

Have you had any injections for this problem? Yes No **Please have the reports sent to our office**

Were the injections helpful? did not help helped a little helped temporarily helped significantly

<i>NAME OF PHYSICIAN</i>	<i>INJECTION TYPE, LOCATION</i>	<i>DATE OF INJECTION(S)</i>

Is another physician *currently* prescribing you pain medication? Yes No

<i>NAME OF PHYSICIAN</i>	<i>LOCATION</i>	<i>DATE PRESCRIBED</i>

Have you *recently* seen any other specialists? NO

<i>NAME AND LOCATION OF PHYSICIAN</i>	<i>SPECIALTY</i>	<i>DATE(S) SEEN</i>

Have you had any of the following treatments to treat this current problem? NO

<i>TYPE OF SPECIALIST</i>	<i>DOCTOR/CLINIC NAME</i>	<i>DATES (APPROXIMATE)</i>
<i>PHYSICAL THERAPY</i>		
<i>CHIROPRACTIC</i>		
<i>ACUPUNCTURE</i>		
<i>MASSAGE</i>		
<i>OCCUPATIONAL THERAPY</i>		

Current Medications and Preferred Pharmacy

PHARMACY NAME		
ADDRESS (CITY & ZIP)		
PHONE NUMBER		
<i>NAME OF MEDICATION</i>	<i>DOSE/ FREQUENCY</i>	<i>PRESCRIBING PHYSICIAN</i>

Allergies Do you have any known drug allergies? Yes No (If yes, please list your allergies below)

<i>NAME OF MEDICATION</i>	<i>REACTION</i>
Are you allergic to any of the following:	Shellfish <input type="checkbox"/> Yes <input type="checkbox"/> No IV contrast dye <input type="checkbox"/> Yes <input type="checkbox"/> No Local anesthetics include lidocaine <input type="checkbox"/> Yes <input type="checkbox"/> No Latex <input type="checkbox"/> Yes <input type="checkbox"/> No

Review of Systems Do you *currently* have any of the following symptoms? NONE

<input type="checkbox"/> Fever	<input type="checkbox"/> Palpitations	<input type="checkbox"/> Change in appetite	<input type="checkbox"/> Muscle weakness	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Fatigue
<input type="checkbox"/> Weight gain or loss	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Black stool	<input type="checkbox"/> Joint pain	<input type="checkbox"/> Frequent headaches	<input type="checkbox"/> Increased thirst
<input type="checkbox"/> Vision change	<input type="checkbox"/> Cough	<input type="checkbox"/> Heartburn/reflux	<input type="checkbox"/> Swelling in extremities	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Easy bruising
<input type="checkbox"/> Difficulty hearing	<input type="checkbox"/> Wheezing	<input type="checkbox"/> Urinary frequency/urgency	<input type="checkbox"/> New rash or psoriasis	<input type="checkbox"/> Depression	<input type="checkbox"/> Excessive bleeding
<input type="checkbox"/> Chest pain	<input type="checkbox"/> Sleep apnea	<input type="checkbox"/> Generalized morning stiffness	<input type="checkbox"/> Numbness or tingling	<input type="checkbox"/> Trouble sleeping	
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Nausea/vomiting	<input type="checkbox"/> Muscle aches	<input type="checkbox"/> Seizures	<input type="checkbox"/> Difficulty concentrating	

Medical History Please check any conditions that apply to you, currently or in the past NONE

<input type="checkbox"/> Anemia	<input type="checkbox"/> Depression	<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Leg or Foot Ulcers	<input type="checkbox"/> Seizures
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart Disease, Heart Problems	<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Stroke
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diverticulitis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Lung Disease	<input type="checkbox"/> Tendonitis
<input type="checkbox"/> Asthma	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Hernia	<input type="checkbox"/> Migraines	<input type="checkbox"/> Thyroid Problems
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/> Fractures	<input type="checkbox"/> Herniated Disc	<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Blood Clots	<input type="checkbox"/> GERD/ Reflux	<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Ulcers
<input type="checkbox"/> COPD	<input type="checkbox"/> Gout	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Peripheral Vascular Disease	<input type="checkbox"/> Urinary Tract Infection
<input type="checkbox"/> Cancer	<input type="checkbox"/> HIV/Aids	<input type="checkbox"/> Hypothyroidism	<input type="checkbox"/> Pulmonary Embolism	<input type="checkbox"/> Vision Loss
<input type="checkbox"/> Coronary Artery Disease	<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Kidney Disease/ Stones	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Other: _____ _____

Surgical History List any surgical procedures you have had NONE

SURGERY	DATE (MONTH/YEAR)	SURGEON'S NAME

Family History List the medical problems of your immediate family (such as diabetes, high blood pressure, heart disease, etc.). If deceased, please indicate cause of death and age. No known conditions

FATHER	
MOTHER	
SIBLING(S)	
GRANDPARENTS (indicate maternal/ paternal)	

Social History

Are you currently working? <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> Modified/light duty <input type="checkbox"/> Unemployed <input type="checkbox"/> Homemaker <input type="checkbox"/> Student <input type="checkbox"/> Retired <input type="checkbox"/> Disabled <input type="checkbox"/> Receiving workers' compensation payments
What is your job title? _____ Does your job require lifting? <input type="checkbox"/> Yes <input type="checkbox"/> No EMPLOYER:	
Please circle the number that corresponds with your current satisfaction with your job:	0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> <i>Completely Dissatisfied</i> <i>Completely Satisfied</i>
If not working, what was your last job? Last date of work?	_____ _____
Did you stop working due to your pain?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <i>Is one of your goals to return to work?</i> <input type="checkbox"/> Yes <input type="checkbox"/> No
What is your highest level of education?	<input type="checkbox"/> High School <input type="checkbox"/> GED <input type="checkbox"/> Vocational Degree <input type="checkbox"/> Some College <input type="checkbox"/> College Degree <input type="checkbox"/> Graduate Degree
What is your marital status?	<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widower <input type="checkbox"/> Other
Do you have children?	<input type="checkbox"/> Yes <input type="checkbox"/> No How many? _____ Ages? _____
Do you use tobacco?	<input type="checkbox"/> Never <input type="checkbox"/> Occasional <input type="checkbox"/> Daily: <input type="checkbox"/> Cigarettes _____ packs/day <input type="checkbox"/> Chewing tobacco ___/day E-cigarette <input type="checkbox"/> Cigars ___/day
Do you use alcohol?	<input type="checkbox"/> Never <input type="checkbox"/> Rarely <input type="checkbox"/> Socially <input type="checkbox"/> Regularly : _____ drinks/day
Do you use marijuana/cannabis?	<input type="checkbox"/> Never <input type="checkbox"/> Yes, for pain <input type="checkbox"/> Yes, for recreation
Who is your favorite musical artist/what is your favorite music genre?	_____

Please answer the following questions by checking "yes" or "no"

<input type="checkbox"/> Yes <input type="checkbox"/> No	Have you used recreational (street) drugs within the past 5 years? (If yes, list below) _____
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have any history of recreational or street drug addictions?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have any history of alcohol dependence or alcoholism?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Have you ever been enrolled in a drug or alcohol treatment program?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have any history of prescription drug abuse?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have any history of physical or sexual abuse?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Are you receiving workers compensation or time loss payments?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Are you receiving disability payments?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Have you applied or do you plan to apply for workers compensation or disability?
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pending lawsuit related to your pain?

I verify that the above information is accurate and complete to the best of my knowledge.

Patient Signature: _____ Date: _____

MD Signature: _____ Date: _____

Lake Washington Sports and Spine

Financial Policy

The providers at Lake Washington Sports and Spine are committed to providing excellent and affordable care to all of our patients. Your understanding of our Financial Policy, and any changes therein, is important to the establishment and continuation of our relationship as Patient and Provider.

- 1. Payment for all medical care is the patient's responsibility regardless of insurance coverage.**
- 2. INSURANCE:** We participate in most Blue Cross and Blue Shield plans and we will bill to your insurance if we are contracted and provided with appropriate documentation.
- 3. CO-PAYMENTS: All copays are due at the time of service.** A \$25.00 fee will be charged to any visit at which a copay is not paid at time of service. It is the responsibility of the patient or responsible party to know if your plan requires a copay.
- 4. PRIVATE PAY APPOINTMENTS:** At the end of your visit, your card will be charged the balance on the visit.
- 5. ACCOUNT BALANCES: All account balances must be paid within 30 days of receipt of your billing statement.** Failure to pay your balance owed without contacting our Billing Department will result in a delinquent account. If your account remains unpaid, your account may be turned over to an outside collection agency. Any non-sufficient fund checks will be charged a \$25 fee. Accounts in Collections are subject to dismissal from the practice.
- 6. METHODS OF PAYMENT:** We accept Cash and major Credit Cards. Established patients may also pay by Check.
- 7. LATE CANCEL/MISSED APPOINTMENTS:** In fairness to other patients and our providers, we ask for at least 24 hours' notice to cancel appointments. If you arrive more than 5 minutes late for your appointment/arrival time, you may be asked to reschedule to another day. **Late cancel (less than 24 hours' notice) and No-Show appointments incur a \$250 fee for telehealth, \$350 fee for in-office exams, \$350 for procedures other than PRP, Lipogems, or Tenex.** If a patient no-shows multiple times within a 12-month period, s/he and any other family members may be dismissed from the practice. It is your responsibility to attend the appointment or give us 24 hours' notice. A confirmatory reminder is a courtesy.
- 8. DIVORCE/SEPARATION:** In cases of divorce and/or separation, the legal guardian and/or the person bringing the minor patient to the **initial visit** will be held financially responsible for payment of medical services.

Authorization – Payment Card on File

Due to changes in Healthcare Policy and increasing high-deductible Health Insurance plans, we have unfortunately experienced higher numbers of patients with unpaid medical bills. Therefore, we have implemented a new policy in which ***all patients are required to provide a credit card to be kept securely on file for future account balances.***

Please note that this does not change your existing rights with respect to the use of your card. You are still able to ask for investigation into your insurance company's decision on a claim. Card numbers are stored securely off-site with our bank. Card numbers are not kept in our office.

Co-pays will remain due at time of service as part of the contract between patient and insurance company. We will bill your insurance company(s) following your visit. They are required to send us and you a copy of the Explanation of Benefits letter detailing what amount was covered/paid by your insurance, and what, if any, amount is owed by you, the patient. The card on your account will be charged as payment in full for any remaining balance not paid by insurance. You will receive receipts via email as long as we are provided with your email address.

Transactions are run as credit, not debit, and are listed as "Emerald City Sports and Spine Medicine" or "Lake Washington Sports and Spine" on your credit card statement. If you have any questions about this policy, please contact our office by phone at (425)818-0558.

I have read and understand Lake Washington Sports and Spine's Financial and Credit Card Authorization Policy and I agree to its terms as stated.

PATIENT NAME: _____ DATE OF BIRTH: _____

CARDHOLDER NAME: Same as Patient _____ Relationship: _____

LAST 4 DIGITS: _____ CARD TYPE: VISA MASTERCARD AMERICAN EXPRESS DISCOVER

CARDHOLDER SIGNATURE: _____ TODAY'S DATE: _____

PLEASE PROVIDE YOUR CREDIT/DEBIT/HSA CARD TO RECEPTION

So we may securely record the entire card number. Thank you!